



**SKATE MIDLAND
A BASIC SKILLS COMPETITION
Sponsored by the Midland FSC
November 12, 2005**

We've moved! To a new date, November 12, and a new location — Midland's recently completed three-surface arena on Fast Ice Drive, at the Bay City Road exit from Route 10. The Midland Figure Skating Club is proud to sponsor the 3rd Skate Midland Competition at this new venue. The competition will be held on Saturday November 12, 2005 from 8:00 AM to 5:00 PM.

ELIGIBILITY — The competition is open to ALL skaters who are registered members of the Basic Skills Program and/or are members in good standing of a USFS Club, or are ISI members. Events are offered from Snowplow Sam through Preliminary Free Skating. Consult with your coach or Basic Skills instructor if you need help in selecting which events to enter.

Skaters must compete at the highest level passed as of the designated closing date for entries.

Basic Skills skaters through Basic 8 must skate at the highest level passed. Basic Skills Free Skate skaters and those at higher levels may skate at the highest level passed, OR one level higher BUT not both levels in the same event during the same competition.

Please note: If a skater has competed at an earlier non-qualifying competition in a “Beginner or No Test” category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

ENTRIES AND FEES — All entries must be **postmarked no later than October 15, 2005**. Late entries will be accepted at the discretion of the organizers if space is available, and will be charged a \$20 late fee. Entry fees are per person, U.S. dollars. The fee for a skater's first event is \$35, and each additional event is \$20. NO refunds will be made after closing date, unless the event is canceled by the sponsor. **ENTRY FORMS MUST BE FILLED OUT COMPLETELY** and returned with a check for fees, payable to Midland FSC. There will be a \$20 fee for returned checks.

AWARDS — Every skater will receive an award. All events will be final rounds. Medals will be awarded to first, second, third and fourth places. ALL other places will receive ribbons. Awards will be available at the Awards Table in the Arena after results are posted.

SCHEDULE OF EVENTS — The schedule will be posted on the Midland FSC Official Bulletin Board and the Club website no later than Saturday November 5th. Morning events will include Basic Skills Elements and Compulsory Programs. Information regarding groups and skating times will be posted on the Midland FSC Official Bulletin Board and website, and mailed or e-mailed to all out-of-town skaters. **A self-addressed stamped envelope must accompany your entry form if you wish to have your schedule of events mailed to you.**

PRACTICE ICE — Five 20-minute practice ice sessions will be available during the day. Three will be held 8:00-9:00 AM. The 8:00-8:20 AM session will be for Basic Skills and Snowplow Sam skaters only. The following two, 8:20-8:40 AM and 8:40-9:00 AM, and two during judges' lunch, 12:10-12:30 PM and 12:30-12:50 PM are open to all levels. Sessions will be limited to 25 skaters, and you may sign up for **NO MORE THAN TWO SESSIONS** on a first come first served basis. If sessions are not full, additional sign-ups will also be accepted on the day of the competition. Midday times may vary depending on the schedule. The fee is \$10 per 20-minute session.

MUSIC — Music for all free skating programs must be provided by the skater on cassette tapes or CDs. Tapes should be clearly marked with the name of the skater, event entered and length of music (not skating time).

Cassettes should be re-wound to the start of the music to be played. Do not place labels directly on CDs; mark information on CD with felt tip pen. Competition music is to be turned in at the time of registration.

Skaters and coaches are advised to carry program music backup tapes or CDs with them in case of accidents to their original tapes or CDs.

VIDEO TAPING & PHOTOGRAPHS — Videos, award photographs, and individual photographs will be available through Ledin, Inc. and can be arranged for at the rink. You may furnish your own tape or purchase one from Ledin. All Basic Skills, Basic Freestyle and Compulsory events are videotaped by event in its entirety. FLASH PHOTOGRAPHY OR LIGHTED VIDEO TAPING WILL NOT BE PERMITTED. No power is available for individual videotaping.

VENDORS — A variety of souvenir goods will be available for purchase, such as tee-shirts, pins, flowers, skating equipment, skate wear, etc.

QUESTIONS?

Email: abward6@yahoo.com or plmorabito@chartermi.net

or

Phone: 989-835-3624 or 989-631-8863

ELEMENTS EVENTS – BASIC SKILLS CURRICULUM

- Skated on half sheet of ice
- No music
- All elements must be skated in the order listed
- Each skater performs one element at a time and will perform the next element only when directed by a judge or referee. (For example: All skaters perform element 1 before moving on to element 2, etc.)

Snowplow Sam (Tots)

1. March followed by a two-foot glide and dip
2. Forward two-foot swizzles – 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles – 2-6 in a row

Basic 1

1. Forward two-foot glide
2. Forward two-foot swizzles – 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles – 6-8 in a row

Basic 2

1. Forward one-foot glide – either foot
2. Backward two-foot swizzles – 6-8 in a row
3. Two-foot turn in place – forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps, in a straight line, across width of ice

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, *either direction* – 6-8 consecutive
3. Moving forward to backward two-foot turn, *either direction*
4. Backward one-foot glide – *either foot*
5. Two-foot spin

Basic 4

1. Forward outside edge on a circle – *clockwise or counterclockwise*
2. Forward crossovers – 6-8 consecutive – *both directions*
3. Forward outside 3-turn – *R and L*
4. Backward stroking
5. Backward snowplow stop – *R or L*

Basic 5 – Compulsory Moves

1. Backward outside edge on a circle, *clockwise or counter clockwise*
2. Backward crossovers – 6-8 consecutive *both directions*
3. One-foot upright spin – up to 3 revolutions, *optional entry & free foot position*
4. Hockey Stop
5. Side toe hop – either direction

Basic 6

1. Forward inside 3-turn, *R and L*
2. T-stop, *R or L*
3. Bunny Hop
4. Forward spiral on a straight line, *R or L*
5. Lunge – *R or L*

Basic 7

1. Forward inside open Mohawk – *R to L and L to R*
2. Ballet jump – *either direction*
3. Backward crossovers to a back outside edge landing position, *clockwise and counterclockwise*
4. Forward inside pivot

Basic 8

1. Moving forward outside *or* forward inside three-turns – *R and L*
2. Waltz jump
3. Mazurka – either direction
4. Combination move – *clockwise or counterclockwise* (from Basic 8 curriculum)
5. One-foot upright spin, *optional free-foot position*

**COMPULSORY PROGRAMS – NO MUSIC
FREESKATE 1-6**

- Skated on half sheet of ice
- Skated in program form, using a limited number of connecting steps
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- Deductions will be made if elements from a higher level are performed.
- Skating order of the required elements is optional. (elements may be repeated)
- Time: 1:00 minute or less

Freeskate level 1

1. Advanced forward stroking, 4-6 consecutive
2. Basic consecutive forward outside edges and forward inside edges, 2-4 outside and 2-4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Freeskate level 2

1. Forward outside spiral, R or L, and a forward inside spiral, R or L
2. Waltz Three's – R or L
3. Beginning back spin – entry optional
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Freeskate level 3

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls, 4-6 consecutive
3. Back spin
4. Salchow jump
5. Waltz jump/toe loop or Salchow/toe loop

Freeskate level 4

1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise
2. Forward power 3's, 2-3 consecutive sets – R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Freeskate level 5

1. Spiral sequence, FO spiral, forward outside 3-turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop jump
5. Flip jump

Freeskate level 6

1. Five-step Mohawk sequence – 1 set alternating pattern
2. Camel, sit pin combination – minimum of 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, _ loop, Salchow combination
5. Lutz jump

COMPULSORY PROGRAMS — NO MUSIC
BEGINNER – PRELIMINARY

BEGI

- Skated on half sheet of ice
- Skated in program form, using a limited number of connecting steps
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- Deductions will be made if elements from a higher level are performed.
- Skating order of the required elements is optional. (elements may be repeated)

Beginner (Time: 1:00 minute or less)

1. Waltz jump
2. Salchow jump
3. Half flip *or* half lutz jump
4. Upright scratch spin (minimum of 3 revolutions)
5. Forward spiral

PrePreliminary (Time: 1:15 minute or less)

1. Flip jump
2. Combination jump consisting of any two single jumps (No Axel)
3. Split jump
4. Sit spin (minimum of 3 revolutions)
5. Forward outside spiral

Preliminary (Time: 1:30 minute or less)

1. Single jump of choice (Axel permitted)
2. Combination jump consisting of any two single jumps (may not repeat single jump selected above)
3. Camel spin (minimum of 3 revolutions)
4. Combination spin (no change of foot, one change of position)
5. Step sequence - straight line or diagonal

BASIC 8 PROGRAMS – WITH MUSIC

- Skated on full ice; **vocal music is allowed**
- Skating order of the required elements is optional
- The elements are not restricted as to the number of times executed, or length of glides, number of revolutions etc., unless otherwise stated
- May use elements from an earlier level. Deductions taken for each element skated from a higher level.
- Skaters will be judged on Technical Merit and Presentation
- Time: 1:00 minute \pm 10 seconds

Snowplow Sam Program (Tots)

1. Forward skating
2. Backward wiggles
3. Glide forward and dip
4. Snowplow stop

Basic Program A: (Basic 1 & 2)

1. Glide forward and dip
2. Moving snowplow stop
3. Forward two-foot swizzles
4. Backward skating (wiggles or swizzles)

Basic Program B: (Basic 3 & 4)

1. Backward $\frac{1}{2}$ swizzle pumps on a circle, clockwise or counter clockwise
2. Two-foot spin
3. Forward crossovers – minimum of 5 consecutive clockwise or counter clockwise
4. Back one-foot glide, R or L

Basic Program C: (Basic 5 & 6)

1. Backward crossovers – minimum of 5 consecutive clockwise or counter clockwise
2. One-foot spin
3. Bunny hop
4. Forward Spiral in a straight line, R or L

Basic Program D: (Basic 7 & 8)

1. Beginning one-foot spin, optional free-foot position
2. Mazurka or Ballet jump
3. Combination move - either direction: 2 forward crossovers into FI Mohawk, cross behind, step into 1 back crossover and step to a forward inside edge
4. Waltz jump

BASIC FREE SKATE PROGRAMS – WITH MUSIC
FREESKATE 1 – 6

- Skated on full ice; **vocal music is not permitted**
- No flying spins allowed
- Spins require a minimum of 3-4 revolutions after position is achieved
- Programs must contain all required elements listed. Deductions if elements from a higher level are performed
- Program Duration 1:30 minutes \pm 10 seconds

Freestyle 1

1. Advanced forward stroking. 4-6 strokes
2. Forward outside or inside consecutive edges, 2-4
3. Scratch spin from back crossovers
4. Waltz jump from back crossovers
5. Half flip jump

Freestyle 2

1. Forward outside spiral, R or L
2. Waltz three's R or L
3. Beginning back spin
4. Waltz jump, side toe hop, waltz jump
5. Toe loop

Freestyle 3

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls, 4-6
3. Back spin
4. Salchow
5. Waltz jump/toe loop or salchow/toe loop

Freestyle 4

1. Spiral sequence: FI spiral, FI Mohawk, BO spiral R or L
2. Forward power 3's, 2-3 consecutive, R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Freestyle 5

1. Spiral sequence: FO spiral, FO 3-turn, one back crossover, BI spiral, R or L
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop combination jump
5. Flip jump

Freestyle 6

1. Five-step Mohawk sequence, 1 set alternating patterns
2. Camel/sit spin combination, minimum of 4 revolutions total
3. Split or stag jump
4. Waltz jump/1/2 loop/salchow combination
5. Lutz jump

**FREE SKATE PROGRAMS – WITH MUSIC
BEGINNER – PRELIMINARY**

- Skated on full ice; vocal music is not permitted
- No flying spins allowed except in Juvenile programs
- Spins require a minimum of 3-4 revolutions after position is achieved
- Programs must contain all required elements listed. Deductions if elements from a higher level are performed
- Time: 1:30 minutes \pm 10 seconds through Preliminary
 - 2 minutes \pm 10 seconds, Pre-Juvenile
 - 2:15 minutes \pm 10 seconds, Juvenile

Limited Beginner

Skater may not have passed any official US Figure Skating Freeskating tests.

Skater will present a well-balanced program consisting of half jumps, only salchow and toe loop single-revolution jumps, combinations consisting of only these jumps, upright forward one- and two-foot spins, one step sequence and/or a spiral sequence. No back spins or combination spins are permitted.

Beginner

Skater may not have passed any official US Figure Skating Freeskating tests.

Skater will present a well-balanced program consisting of single-revolution jumps (no Axels or doubles permitted), at least one jump combination or series, a minimum of two spins of a different nature and one step or spiral sequence. (See rulebook #3721)

Pre-Preliminary Freeskate A

Skater must have passed no higher than US Figure Skating Pre-Preliminary Freeskating Test.

Skater will present a well-balanced program in which allowed elements include all single-revolution jumps (no Axels or double jumps), single jump combinations, and single jump sequences. A minimum of two spins of a different nature, and one step sequence or spiral sequence are required.

Pre-Preliminary Freeskate B

Skater must have passed no higher than US Figure Skating Pre-Preliminary Freeskating Test.

Skater will present a well-balanced program in which allowed elements include all single-revolution jumps (Axel permitted), single jump combinations, single jump sequences, no double jumps permitted. A minimum of two spins of a different nature. (See rulebook #3711)

Preliminary Freeskate

Skater must have passed no higher than US Figure Skating Preliminary Freeskate Test

Skater will present a well-balanced program in which allowed elements include all single-revolution jumps, Axels, and two different double jumps which may be repeated as individual jumps, jump sequences or jump combinations. A minimum of two spins of a different nature are required. One step sequence or spiral sequence should be included. (See rulebook #3701)

SPIN EVENTS – NO MUSIC

- Test requirements same as for Free Skating Events
- Skated in program form;
- Skated on half sheet of ice
- All elements must be skated, but in any order
- Connecting steps (turns, spirals, lunges, etc.), skater's choice
- Time: 1:00 or less

Beginner: (Minimum 3 revolutions in each spin position)

1. Two-foot spin
2. Sit spin
3. Scratch (upright) spin

Pre-Preliminary: (Minimum 3 revolutions in each spin position)

1. One-foot spin
2. Sit spin
3. Upright back spin

Preliminary: (Minimum 3 revolutions in each spin position)

1. Sit spin
2. Camel spin
3. Upright back spin

ARTISTIC SHOWCASE

- Open themes for each level; skaters will be judged on how well they interpret their theme.
- Skaters will provide their own music. Vocal music is allowed.
- Props may be used; skater has 30 seconds for transporting props on and off the ice. No props on warm-up.

Beginner

Time: 1:30 ± 10 seconds
No Axels or double jumps

Pre-Preliminary

Time: 1:30 ± 10 seconds
No Axels or double jumps

Preliminary

Time: 1:30 ± 10 seconds
No Axels or double jumps

SKATE MIDLAND HOTELS

DOWNTOWN MIDLAND

(take downtown Midland exit, turns into one-way street, go to Ashman Street

Ashman Court Marriott (6 miles from rink)
111 West Main Street
Midland MI 48640-5154
989-839-0500 or 800-282-7778
www.ashmancourtmarriott.com

MIDLAND MALL AREA

(take Eastman Road Exit)

Fairview Inn & Suites
2200 West Wackerly Street
Midland MI 48640
989-631-0070 or 800-422-2744
www.fairviewinnmidland.com

Holiday Inn Hotel and Conference Center
1500 West Wackerly Street
Midland MI 48640
989-631-4220 or 800-622-4220
www.midlandhi.com

Hampton Inn
6701 Eastman Ave
Midland MI 48642
989-837-4000 or 800-426-7866
www.hampton-inn.com

Sleep Inn
2100 West Wackerly Street
Midland, MI 48640
989-837-1010 or 888-837-1010
www.sleep-inn-mi.com

SAGINAW ROAD AREA, NEAR CIRCLE

(take downtown Midland exit, then Saginaw Road exit)

Midland Motor Inn
1815 South Saginaw Road
Midland MI 48640
989-631-0570
www.midlandmotel.net

JUST OFF ROUTE 10

(take Bay City Road exit)

Valley Plaza Resort (1/2 mile from rink)
5221 Bay City Road
Midland MI 48642
989-496-2700 or 800-825-2700
www.valleyplazaresort.com

**SKATE MIDLAND
COMPETITION PROGRAM ADVERTISEMENT
November 12, 2005**

Make the Skate Midland Competition memorable! Place an advertisement for your business, send a message to a fellow skater, thank-you to your coach, or a parental or friendly message of support for your skater. Complete the information below, enclose proper payment, and mail by the October 15th deadline:

ADVERTISEMENT INFORMATION

Contact Name: _____
Company Name: _____
Address: _____
City, State, ZIP _____
Phone Number _____

ADVERTISEMENT SIZE & RATES

_____ Back Cover (\$150)
_____ Front or Back Inside Cover Full Page (\$125)
_____ Full Page (\$100)
_____ Half Page (\$65)
_____ Quarter Page (\$35)
_____ Business Card Size (\$20)

_____ Wish Your Skater Luck! Personal "Happy" Ad (\$5)
Maximum 50 characters (including spaces)

Camera-ready artwork on CD, disk, or email attachment is preferred in PDF or jpeg format. You may also provide a camera-ready, black-and-white hard copy of your advertisement. For further information or questions, contact Joy Buchanan at flags4joy@chartermi.net.

Return this form, completed with check payable to Midland FSC to:

Midland Figure Skating Club
Attn: Joy Buchanan
7415 Rockhollow
Midland MI 48642

**SKATE MIDLAND COMPETITION
November 12, 2005**

Entry Form (please print)

Name _____ Age ____ M or F ____ Club _____
Last First

Address _____ City _____ State _____ Zip _____

Email _____ Phone # (____) _____ USFS/CFS# _____

Coach's Name _____ Phone # (____) _____ Club _____

Highest Level Passed: Basic 8 _____ Basic Free Skating _____ USFS Free Skating _____

SELECT EVENTS & PRACTICE ICE

To select, check box to left of events and practice ice times

<i>Basic 8 Elements</i>	Compulsory Programs	Freeskate Programs*	Basic Programs*	Practice Ice
<input type="checkbox"/> Snowplow Sam	Freeskate 1	Freeskate 1	Snowplow Sam	8:00-8:20A
<input type="checkbox"/> Hockey	Freeskate 2	Freeskate 2	Basic A	8:20-8:40A
<input type="checkbox"/> Basic 1	Freeskate 3	Freeskate 3	Basic B	8:40-9:00A
<input type="checkbox"/> Basic 2	Freeskate 4	Freeskate 4	Basic C	
<input type="checkbox"/> Basic 3	Freeskate 5	Freeskate 5	Basic D	12:10-12:30P
<input type="checkbox"/> Basic 4	Freeskate 6	Freeskate 6		12:30-12:50P
<input type="checkbox"/> Basic 5				
<input type="checkbox"/> Basic 6	Beginner	Ltd Beginner	Artistic Showcase*	
<input type="checkbox"/> Basic 7	PrePreliminary	Beginner	Beginner	
<input type="checkbox"/> Basic 8	Preliminary	Pre-Prelim A	PrePreliminary	
<input type="checkbox"/>		Pre-Prelim B	Preliminary	
<input type="checkbox"/>	Spins	Preliminary		
<input type="checkbox"/>	Beginner			
<input type="checkbox"/>	Pre-Preliminary			
<input type="checkbox"/>	Preliminary			

* *With music*

COMPETITION FEES

Fee is \$35 for first event & \$20 per each additional event.

Practice Ice \$ _____ (number of practice sessions times \$10 per session)
 First Event \$ _____
 Additional Event \$ _____
 Additional Event \$ _____
 Additional Event \$ _____
 Late fee (\$20) \$ _____ (postmarked after October 15th)
Total: \$ _____

The completed entry form & certification, with fees, must be postmarked no later than October 15, 2005.

Enclose check or money order payable to *Midland FSC* and mail to:
 Eline Morabito, Skate Midland Competition, 1801 Brookfield Dr, Midland MI 48642

**ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE
UNLESS AN EVENT IS CANCELED**

SKATE MIDLAND COMPETITION
November 12, 2005
CERTIFICATION

By Club Officer or Program Director:

The competitor is a USFS Club or ISI member in good standing or is a Basic Skills skater, and is eligible to enter the events selected.

Name of Club Officer _____ Title _____

Signature _____ Date _____ Phone _____

By Coach or Instructor:

I have reviewed and approve the entry of this skater in the indicated events.

Signature _____ Date _____ USFS # _____

By Competitor and Parent/Guardian

It is agreed that the competitor and family holds the Skate Midland Competition/Midland FSC/Midland Civic Arena harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property. The skater agrees to abide by the USFS Code of Conduct.

Skater's Signature _____ Date _____

Parent / Guardian Signature (if skater is under 18 years of age) _____ Date _____

In Case of Emergency

I hereby grant permission to the representatives of the Midland Figure Skating Club/Skate Midland Competition to administer or seek medical attention for my child, in the case of my absence, or for myself if I am unable to communicate my wishes.

Skater's Signature (if over the age of 18) _____ Date _____

Parent/Guardian Signature (if skater is under 18) _____ Date _____

Relevant Medical Information (allergies, pre-existing conditions, etc.) _____

Skater's Insurance Company _____

Policy No. _____ Name of Insured _____

Use a separate Registration Form and Certification Form for Each Skater